



Wellbeing Council Meeting Minutes

Next Meeting:
2.45pm Monday 9th
November 2026 Year 1
Classroom.

**Time and Date of
Meeting: Tuesday
29th September
2026**

**Wellbeing Council
Members Present:**
All previous councillors.
R- Livi and Elliot
1- Bowie and Elle
2- Lottie and Billy
3- Emma and Eddie
4- Walter and Freddie
5- Sid and Megan
6- Gracie and Noah

**Wellbeing Council
Member Not Present:**
Cressview- Layla



Summary of Discussion:

Old Councillors handed over to new councillors with lots of advice shared:

Martha- make sure you contributing ideas from others in your class, not only your own thoughts.

Yuri- don't be shy, just talk.

Jack P- make sure your teacher gets everyone together to follow up the Wellbeing Meetings.

Martha- being kind.

Particular successes from Wellbeing Days:

Arabella- longer break times.

Jack- picnic on the field

Jack P- Now Press Play

Martha- active activities (yoga and fitness)

Austin- Just dance

George- parachute.

Thank you to the outgoing Councillors for all your hard work last year!

New business:

Saturday 10th October World Mental Health Day. To mark this, children have bought kindness values tickets back to class to promote the sharing and acknowledgement of kindness over the coming weeks.

We shared and discussed this 'How to be happy' BBC teach clip- 3 mins 46 long <https://www.bbc.co.uk/teach/school-radio/articles/zcpqkty>

Actions:

- Mrs Scarrott- distribute minutes.
- Mrs Scarrott- Newsletter write up.
- Mrs Scarrott- update Wellbeing Council display in KS1 corridor.
- Mrs Scarrott- discuss with Mrs Leeman date for first Welford Wellbeing Day this year.
- Class reps- distribute and promote kindness values tickets.
- Class reps- ask their teacher to show this clip towards the end of next week (ahead of World Mental Health Day on Saturday 10th October). <https://www.bbc.co.uk/teach/school-radio/articles/zcpqkty>
- Class reps- ask your class for any ideas of what they would like the Wellbeing Council to do/ help with this year.
- Class reps- ensure you have a folder and paper for taking notes during upcoming council meetings.