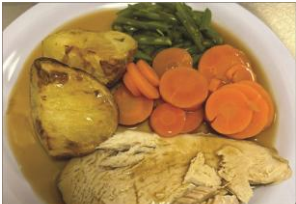
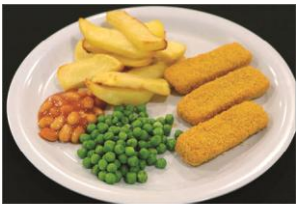


Welford-on-Avon - Week 1 Menu

Week Commencing : 2nd Nov, 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 8th March,

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 Crunchy Vegetable Fingers with Dry Roasted Potato Wedges and Seasonal Veg	 Pea & Mince Keema with Rice and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Chocolate Cookie
TUESDAY	 Homemade Beef Lasagne served with Warm Baguette and Seasonal Vegetables	 Tex-Mex Vegetable Enchilada with Rice and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Banana Traybake with Custard
WEDNESDAY	 Roast Chicken or Halal Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Gravy	 Roast Quorn Fillet served with Roast Potatoes, Seasonal Vegetables and Gravy	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Jelly with Mandarins
THURSDAY	 Welsh Pork Sausages & Beans with Mashed Potato and Seasonal Veg	 Campfire Quorn Sausages & Beans with Mashed Potato and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Pear & Chocolate Sponge
FRIDAY	 Fish Fingers or Salmon Fingers with Oven Chips, Garden Peas and Baked Beans	 Margherita Pizza with Oven Chips, Peas and Beans	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Fresh Fruit

All meals come with seasonal vegetables or salad of your choice.
*Some photos may depict different sides to those described.

Welford-on-Avon - Week 2 Menu

Week Commencing: 9th Nov, 30th Nov, 4th Jan, 25th Jan, 22nd Feb, 15th March

MONDAY

MAIN MEAL



Sausage Roll
served with Mashed Potato
and Seasonal Vegetables

VEGETARIAN



Macaroni Cheese
served with
Seasonal Vegetables

JACKET POTATO / PASTA



Jacket Potato
/
Pasta with Tomato
and Basil Sauce

DESSERT



Lemon Sponge

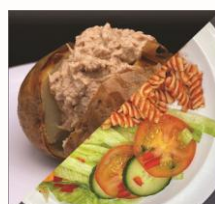
TUESDAY



Chicken Fajita with Rice
and Seasonal Veg



Rainbow Sweet & Sour
Vegetables with Rice
and Seasonal Veg



Jacket Potato
/
Pasta with Tomato
and Basil Sauce



Chocolate
Shortbread

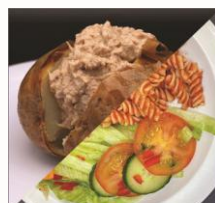
WEDNESDAY



Roast Gammon served with
Mashed Potato, Seasonal
Vegetables and Gravy



Rich Sweet Potato & Lentil
Wellington with
Roast Potatoes, Gravy
and Seasonal Veg



Jacket Potato
/
Pasta with Tomato
and Basil Sauce



Cheese & Crackers

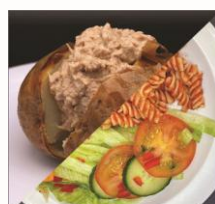
THURSDAY



Chicken & Bacon Pasta
Carbonara with Warm
Baguette and Seasonal Veg



Hearty Pasta Bolognaise
with Warm Baguette
and Seasonal Veg



Jacket Potato
/
Pasta with Tomato
and Basil Sauce



Apple Crumble
with Custard

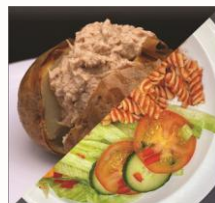
FRIDAY



Battered Fish with
Oven Chips, Garden Peas
and Baked Beans



Margherita Pizza with Oven
Chips, Peas and Beans



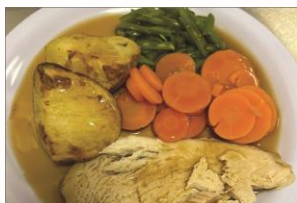
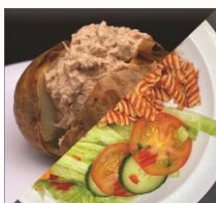
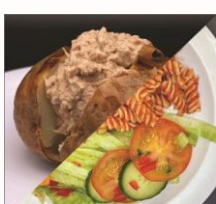
Jacket Potato
/
Pasta with Tomato
and Basil Sauce



Fresh Fruit

All meals come with seasonal vegetables or salad of your choice.

*Some photos may depict different sides to those described.

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 Veggie Mince Pasta Bolognese served with Bread and Seasonal Vegetables	 Chinese-Style Egg Rice with Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Shortbread
TUESDAY	 Beef Burger in a Bun with Dry Roasted Potato Wedges and Seasonal Veg	 Victory Burger in a Bun with Dry Roasted Potato Wedges and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Chocolate Brownie
WEDNESDAY	 Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Gravy	 Classic Mince & Onion Pie with Roast Potatoes and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Pineapple Upside Down Cake
THURSDAY	 Chicken Tikka Masala with Rice and Seasonal Veg	 Golden Chickpea Curry with Rice and Seasonal Veg	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Dutch Apple Pie with Custard
FRIDAY	 Fish Fingers or Salmon Fingers with Oven Chips, Garden Peas and Baked Beans	 Margherita Pizza with Oven Chips, Peas and Beans	 Jacket Potato / Pasta with Tomato and Basil Sauce	 Fresh Fruit

All meals come with seasonal vegetables or salad of your choice.
*Some photos may depict different sides to those described.